## **Lifeline Private Coaching Program with Kat Sturtz**

\$415.00/month with initial 3 month minimum commitment (\$990 for 3 months if paid in full, \$330/month to continue)

## Here's what you get throughout each month with the flexible Lifeline Coaching Program:

- Unlimited Quick Calls: 15 minute laser coaching sessions via Zoom or phone.
- Unlimited email, Voxer (if you want), Facebook messenger, text communication for quick questions/responses.
- Up to 120 minutes of 1:1 coaching sessions (Example: Do two 1 hour, or four half hour sessions)
  - -- Sessions are initiated by you throughout the term of your commitment. It works best to preschedule 1/2 hour or longer sessions, request Quick Calls, and reach out as needed with Voxer, Messenger, text.
- \* Please note: You'll schedule most 1:1 sessions via links that will be provided to you. However, I keep some availability off my booking calendar to be used for manually scheduled appointments.
- -- As long as you remain a Lifeline client you may renew (monthly/annually) for the same price.

## **Basic Terms and Conditions**

- \*\* As a client, YOU understand that coaching services are consultative in nature and that decisions made and actions taken, based on input or advice from the coach are ultimately YOUR responsibility.
- Coach Kat Sturtz makes no guarantee or warranties, expressed or implied, as to the results to be achieved. Coach Kat assumes no liability or responsibility for any actions you, the client, may or may not take in connection with the coaching you receive.
- \*\* Due to the powerful transformative nature of this work, YOU (the client) understand that there is no refund policy\*.
- \* However, refunds may be requested, and may be granted (in full or in part) on an individual basis at the discretion of Coach (Kat Sturtz) or those legally authorized to act on her behalf.

---- end ---- 😊

Kat Sturtz - Rocking Your Path | 56 Vibes Services

Helping you rock your unique path to success!